The Southern Spice, Karnataka (India)

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Abstract

Culinary tourism is emerging as an important component of the rapidly growing Karnataka’s cultural tourism market. It introduces tourists to new flavors and different traditions associated with the preparation, serving, and consuming of foods and beverages. Serious culinary travelers are likelier to shop; visit state and national parks and museums specifically choose a destination to experience local culture and cuisine. Culinary activities include cooking classes, dining out for a unique and memorable experience, visiting farmers, markets, gourmet food shopping and attending food festivals. Karnataka is blessed with a rich culinary heritage. This study explores on the states vast culinary repertoire which encompasses the earthy flavors of north Karnataka, the traditional fare of south Karnataka, the spicy dishes of the coastal region and the distinctive kodava and malnad cuisine.

Keywords: Karnataka, Cuisine, Cultural Heritage and Flavours.